

Freedom of Information request reference number: 8595.1

Date of response: 30/04/2024

Request:

I am looking for information on lower back injuries and Musculoskeletal injuries over the past three years. The information requested is to help my research on how to improve strength programme prescription to prepare firefighters for duty and to decrease injury risk.

Response:

The data we record in relation to musculo-skeletal issues is the percentage of sickness/lost working days over the past three years due to musculo-skeletal issues. Please see table below for the data we hold.

Financial Year	Musculoskeletal	
	LWD	% LWD
2020/21	18559	33.65%
2021/22	24941	30.64%
2022/23	27352	32.76%
2023/24	29785	35.27%
4 Year average	25159	33.08%

We have dealt with your request under the Freedom of Information Act 2000. For more information about this process please see the guidance we publish about making a request on our website: <https://www.london-fire.gov.uk/about-us/transparency/request-information-from-us>