

During the current period of 'CoVid-19 Lockdown' whilst all face-to-face community activity on fire stations has been suspended, an exciting new development in the history of LFB Fire Cadets is evolving to ensure that regular engagement continues with all our Fire Cadets and Volunteer Cadet Instructors.

What are 'Virtual Units'?

Our Fire Cadets Coordinators are continuing to run Fire Cadets **'virtually'** with every established unit having scheduled weekly engagement with young people using a variety of video conferencing and social media platforms.

Each of our established cadet units are running a **'Virtual Unit'** on their normal unit days. Times vary dependant on which platform is in use, and the collective needs and wishes of the group of young people on the unit.

Although the weekly **'Virtual Units'** are shorter than the usual three hours, we are trying to maintain a regular weekly routine:

1. **Virtual Roll Call**
2. **Activities/Team Game**
3. **BTEC Related Discussion**
4. **De-Brief**

Virtual Drop-In Sessions

Fire Cadets Coordinators have also set aside allocated 'virtual drop-in session' times each week. During this time they are **available by phone** to take individual calls from their Fire Cadets and Volunteer Cadet Instructors who may have questions, to discuss concerns, and listen to ideas of activities they would like to do and their suggested methods of doing this.

The next six weeks...

Our brand new **Six Week Themed Curriculum** (see overleaf) will be delivered by our Fire Cadets Coordinators via our **'Virtual Units'**

The **first six weeks of planned engagement** started **after the Easter holidays** on the week commencing **Monday 20th April 2020** and was a great success.

This next six week programme will **close our summer term on Friday 17th July**, as we begin what would have been the summer holidays. It is currently planned that **direct delivery of our BTEC programme will recommence at Fire Stations in the new Academic Year**

Examples of activities at 'Virtual Units' include:

Quizzes	Games	Research Tasks	Guided Discussion
Guest Speakers	Practical Tasks	Creative Tasks	Challenges

Week 7

Commencing Monday 8th June 2020

Topic: Pride

Learning Outcome:

To understand the importance of PRIDE month and explore the themes of equality and diversity.

Activities:

Fire Cadets will be launching our PRIDE month social media campaign. Within virtual units Cadets will be exploring and discussing the themes of equality and diversity, both in the Fire and Rescue Service and in their wider community.

Week 8

Commencing Monday 15th June 2020

Topic: Neighbourhood safety

Learning Outcome:

Understanding the systems that are already in place in local neighbourhoods to enable the Fire and Rescue Service to safely operate.

Activities:

Fire Cadets will be sent on a scavenger hunt in their local area as part of their daily exercise searching for emergency response tools such as fire hydrants, public defibrillators and life preservers.

Week 9

Commencing Monday 22nd June 2020

Topic: Social Action

Learning Outcome:

Understand the issues impacting the local community and young people across London. Learn how to plan a social action project to make a positive impact.

Activities:

Researching charities and causes across the city. Planning a social action project, working with other Fire Cadets to decide on a project to carry out once back to Fire Stations.

Week 10

Commencing Monday 29th June 2020

Topic: Knots and Lines

Learning Outcome:

To revise knots they are already familiar with as well as learn to tie additional knots that are used in the Fire and Rescue Service and understand their purpose.

Activities:

Fire Cadets will learn some new knots along with the other cadets in their units as well as engage in a social media challenge to share their new skill.

Week 11

Commencing Monday 6th July 2020

Topic: Employability

Learning Outcome:

Understanding what employability means and learning the importance of transferrable skills.

Activities:

Fire Cadets will be asked to create a personal CV using a template. To practice for interviews they will be given a list of interview questions around teamwork, leadership and facing challenges and will be asked to give examples from their own lives or from their Fire Cadets activity.

Week 12

Commencing Monday 13th July 2020

Topic: I have learned...

Learning Outcome:

This is our final week of virtual engagement of the summer term. Cadets will be reflecting on their time in lockdown to see what they have learned both practically and about their own wellbeing.

Activities:

Fire Cadets will take part in an online challenge to show off any new found or reinvigorated talents. They will also be given a worksheet to help them reflect on their wellbeing and self-awareness.

Engagement through social media

#MondayMotivation

A 'Fire Cadets Challenge' will be posted every Monday at 15.30hrs across **Facebook, Instagram, Twitter and TikTok** to recognise that in life, we all need to work together to achieve better outcomes. (Links back to Week 1 on teamwork).

#ThankYouThursday

On **#Thank YouThursday** week, cadets will be asked to post a 'thank you' to a key worker or a relative and tag in **@LFBFireCadets /#LFBFireCadets**. This will be alternated every other Thursday across **Facebook, Instagram and Twitter**.

#ThrowbackThursday

On **#ThrowbackThursday** week we will be posting out photos of **Fire Cadets activities** remembering some of the key achievements of our young people over the past 12 months. This will be alternated every other Thursday across **Facebook, Instagram and Twitter**.

Collated Posts of Responses

Specific 'collated' posts of responses to our challenges and activities will be posted out at various times of day across **Facebook, Instagram and Twitter** on **Wednesdays and Fridays**.